

Menu *Week 1*



Week 1	Breakfast	Morning Snack	Lunch	Afternoon Snack	Tea
Monday			Pasta with vegetable Bolognese sauce. Fruit and natural yogurt	Breadsticks and Bananas.	Vegetable soup served with a bread roll. Yogurt
Tuesday	A choice of Weetabix porridge or toast.		Chicken casserole with roast potatoes. Fruit and natural yogurt	Rice cakes and Oranges.	Cheese on toast with spaghetti. Yogurt
Wednesday	<i>Breakfast is served on request from 7:45 am – 8:30am</i>	Toast with a choice of milk or water.	Cottage Pie with vegetables. Fruit and natural yogurt	Crackers and Apples.	Soft cheese on bagels with veg sticks. Swiss roll
Thursday			Spinach and ricotta tortellini al forno. Fruit and natural yogurt	Breadsticks and Pears.	Homemade pizza and beans. Yogurt
Friday			Sweet and sour chicken with rice. Fruit and natural yogurt	Rice cakes and Bananas.	Ham/cheese wraps with veg sticks. Swiss roll

All dietary needs will be met and vegetarian options are available.

Water will be provided throughout your child nursery day.
The choice of milk or water will be provided at both breakfast and snack times.

Menu Week 2



Week 1	Breakfast	Morning Snack	Lunch	Afternoon Snack	Tea
Monday			Chicken curry and rice. Fruit and natural yogurt	Rice cakes and Oranges.	Soft cheese on bagels with veg sticks. Yogurt
Tuesday	A choice of Weetabix porridge or toast.		Pasta and frog sauce. Fruit and natural yogurt	Crackers and Apples.	Homemade pizza and beans. Yogurt
Wednesday	<i>Breakfast is served on request from 7:45 am – 8:30am</i>	Toast with a choice of milk or water.	Creamy chicken and vegetable risotto. Fruit and natural yogurt	Breadsticks and Pears.	Vegetable soup served with a bread roll. Yogurt
Thursday			Beef vegetable stew. Fruit and natural yogurt	Rice cakes and Bananas.	Ham/cheese wraps and veg sticks. Swiss roll
Friday			Fishcakes, wedges and sweet corn. Fruit and natural yogurt	Crackers and Oranges.	Cheese on toast with spaghetti. Yogurt

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Water will be provided throughout your child nursery day.
The choice of milk or water will be provided at both breakfast and snack times.

Menu *Week 3*



Week 1	Breakfast	Morning Snack	Lunch	Afternoon Snack	Tea
Monday			Pasta and meatballs with red pepper sauce. Fruit and natural yogurt	Crackers and Apples.	Cheese on toast with spaghetti. Yogurt
Tuesday	A choice of Weetabix porridge or toast.		Tuna pasta bake. Fruit and natural yogurt	Breadsticks and Pears.	Vegetable soup served with a bread roll. Swiss roll
Wednesday	<i>Breakfast is served on request from 7:45 am – 8:30am</i>	Toast with a choice of milk or water.	Chicken paella. Fruit and natural yogurt	Rice cakes and Bananas.	Cheese/Ham wraps with veg sticks. Swiss roll
Thursday			Pumpkin sauce pasta bake. Fruit and natural yogurt	Crackers and Oranges.	Soft cheese on bagels with veg sticks. Yogurt
Friday			Sausage bakes potato and beans. Fruit and natural yogurt	Breadsticks and Apples.	Homemade pizza and beans. Yogurt

All dietary needs will be met and vegetarian options are available.

Water will be provided throughout your child nursery day.
The choice of milk or water will be provided at both breakfast and snack times.

Menu Week 4



Week 1	Breakfast	Morning Snack	Lunch	Afternoon Snack	Tea
Monday			Cottage Pie and Vegetables. Fruit and natural yogurt	Breadsticks and Pears.	Homemade pizza and beans. Swiss roll
Tuesday	A choice of Weetabix porridge or toast.		Chilli con carne and wedges. Fruit and natural yogurt	Breadsticks and Bananas.	Soft cheese on bagels with veg sticks. Yogurt
Wednesday	<i>Breakfast is served on request from 7:45 am – 8:30am</i>	Toast with a choice of milk or water.	Pasta alfredo. Fruit and natural yogurt	Crackers and Oranges.	Cheese on toast with spaghetti. Yogurt
Thursday			Chicken a la king with rice. Fruit and natural yogurt	Breadsticks and Apples.	Vegetable soup served with a bread roll. Swiss roll
Friday			Pasta and meatballs. Fruit and natural yogurt	Rice cakes and Pears.	Ham/cheese wraps with veg sticks. Yogurt

All dietary needs will be met and vegetarian options are available.

Water will be provided throughout your child nursery day. The choice of milk or water will be provided at both breakfast and snack times.