



## **Nappy changing**

### **Policy statement**

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are in nappies, starting to toilet train or who are fully toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

### **Procedures**

- Our staff have routine changing times for the children in their care who are in nappies or 'pull-ups'; and change nappies according to this schedule, or more frequently where necessary.
- Babies and young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Our changing area is warm, with a safe area to lay children.
- Each child has their own nappies brought from home with wipes provided by the nursery. Nursery have spare nappies incase children forget or run out of nappies.
- Our staff put on gloves and aprons before changing starts and the areas are prepared.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies; the nappy changing mat must be cleaned with antibacterial spray after each child.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about nappy contents
- We do not make inappropriate comments about children's genitals when changing their nappies.

- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, have soap and paper towels to hand after they have used to toilet or potty.
- Record of nappy changes are recorded on the nappy chart and care sheets.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically and put in the yellow bin.
- Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect (this will be a disciplinary matter)

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